

Wellness Rules in New Jersey Schools

Appendix H

Foods of Minimal Nutritional Value

The following items shall not be served, sold or given away as a free promotion anywhere on school property at any time before the end of the school day, including items served in the reimbursable After School Snack Program:



- Soda Water



- Water Ices—Those water ices, which contain fruit or fruit juices, are not included.



- Chewing Gum

- Certain Candies



- Hard Candy: Includes such food as sour balls, fruit balls, candy sticks, lollipops, starlight mints, after dinner mints, sugar wafers, rock candy, cinnamon candies, breath mints, jaw breakers, and cough drops.



- Jellies and Gums: Includes such foods as gumdrops, jellybeans, jellied and fruit-flavored slices.



- Marshmallow Candies

- Fondant: Includes such foods as candy corn and soft mints.



- Licorice

- Spun Candy



- Candy-Coated Popcorn